



## TREATMENT LIST 2022

<b>30 MIN MASSAGE</b>	<b>MEMBER</b>	<b>NON MEMBER</b>
Foot Reflexology	40	50
Relaxing / Swedish Massage	50	60
Tired Legs Massage	50	60
Aromatherapy Relaxing Massage	60	75
Deep Tissue Sport Massage	60	75
<b>60 MIN MASSAGE</b>		
DETOX Massage	90	100
Deep Tissue Sport Massage	90	100
Relaxing / Swedish Massage	80	95
Manual Lymphatic Drainage	80	95
Aromatherapy Relaxing Massage	85	95
Indian Head Massage and Foot Reflexology	85	95
<b>90 MIN MASSAGE</b>		
Deep Tissue Sport Massage	120	135
Relaxing / Swedish Massage	110	125
Manual Lymphatic Drainage	110	125
Aromatherapy Relaxing Massage	115	130
<b>SPECIAL PACKAGES</b>		
Relax in the Hills	95	130
(Day Spa, Relaxing Massage 45 min, Daily Lunch and a Glass of Cava)		

<b>Aromas in the Hills</b>	<b>100</b>	<b>135</b>
<small>(Day Spa, Aromatherapy Massage 45 min, Daily Lunch and a Glass of Cava)</small>		
<b>Rebalance in the Hills</b>	<b>105</b>	<b>145</b>
<small>(Day Spa, Sport Massage 45 min , Daily Lunch and a Glass of Cava)</small>		
<b>Touch of Benahavis Hills</b>	<b>110</b>	<b>150</b>
<small>(Day Spa, Indian Head Massage 25 min, Foot Reflexology 25 min, Daily Lunch and a Glass of Cava)</small>		
<b>Touch of the East in the Hills **</b>	<b>120</b>	<b>155</b>
<small>(Day Spa, Indian Head Massage 25 min, Foot Reflexology 25 min, Indonesian Rijsttafel and a Glass of Cava)</small>		
<b>FACIALS TREATMENTS</b>		
<b>Cleansing Facial and massage 30 min</b>	<b>35</b>	<b>45</b>
<small>(Facial scrub and massage)</small>		
<b>Detox Facial 60 min</b>	<b>60</b>	<b>75</b>
<small>(Facial Scrub, facial mask and massage)</small>		
<b>Vit C Facial 75 min</b>	<b>80</b>	<b>95</b>
<small>(Facial scrub, facial mask and massage)</small>		
<b>Men's Facial 75 min</b>	<b>80</b>	<b>95</b>
<small>(Facial scrub, facial mask and massage)</small>		
<b>3 DAYS WELLNESS PROGRAM</b>	<b>MEMBER</b>	<b>NON MEMBER</b>
<b>Energize</b>	<b>252</b>	<b>296</b>
<b>Detox</b>	<b>252</b>	<b>296</b>
<b>D-Stress</b>	<b>248</b>	<b>291</b>
<b>5 DAYS WELLNESS PROGRAM</b>		
<b>Energize</b>	<b>339</b>	<b>400</b>
<b>Detox</b>	<b>339</b>	<b>400</b>
<b>D-Stress</b>	<b>335</b>	<b>369</b>
<b>7 DAYS WELLNESS PROGRAM</b>		
<b>Energize</b>	<b>504</b>	<b>591</b>
<b>Detox</b>	<b>504</b>	<b>591</b>
<b>D-Stress</b>	<b>422</b>	<b>500</b>

*Prices are in Euros and inclusive of IVA*

*To avoid disappointment, please book treatments 24 hours in advance.*

*Please note in summer Rijsttafel is served on Saturday evenings. For lunch you will be offered something from our a la carte menu.*