



TREATMENT LIST 2020

30 MIN MASSAGE	MEMBER	NON MEMBER
Foot Reflexology	40	50
Relaxing / Swedish Massage	50	60
Tired Legs Massage	50	60
Aromatherapy Relaxing Massage	60	75
Deep Tissue Sport Massage	60	75
60 MIN MASSAGE		
DETOX Massage	90	100
Deep Tissue Sport Massage	90	100
Relaxing / Swedish Massage	80	95
Manual Lymphatic Drainage	80	95
Aromatherapy Relaxing Massage	85	95
Indian Head Massage and Foot Reflexology	85	95
90 MIN MASSAGE		
Deep Tissue Sport Massage	120	135
Relaxing / Swedish Massage	110	125
Manual Lymphatic Drainage	110	125
Aromatherapy Relaxing Massage	115	130
SPECIAL PACKAGES		
Relax in the Hills	95	130
(Day Spa, Relaxing Massage 45 min, Daily Lunch and a Glass of Cava)		

Aromas in the Hills	100	135
<small>(Day Spa, Aromatherapy Massage 45 min, Daily Lunch and a Glass of Cava)</small>		
Rebalance in the Hills	105	145
<small>(Day Spa, Sport Massage 45 min , Daily Lunch and a Glass of Cava)</small>		
Touch of Benahavis Hills	110	150
<small>(Day Spa, Indian Head Massage 25 min, Foot Reflexology 25 min, Daily Lunch and a Glass of Cava)</small>		
Touch of the East in the Hills **	120	155
<small>(Day Spa, Indian Head Massage 25 min, Foot Reflexology 25 min, Indonesian Rijsttafel and a Glass of Cava)</small>		
FACIALS TREATMENTS		
Cleansing Facial and massage 30 min	35	45
<small>(Facial scrub and massage)</small>		
Detox Facial 60 min	60	75
<small>(Facial Scrub, facial mask and massage)</small>		
Vit C Facial 75 min	80	95
<small>(Facial scrub, facial mask and massage)</small>		
Men's Facial 75 min	80	95
<small>(Facial scrub, facial mask and massage)</small>		
3 DAYS WELLNESS PROGRAM	MEMBER	NON MEMBER
Energize	252	296
Detox	252	296
D-Stress	248	291
5 DAYS WELLNESS PROGRAM		
Energize	339	400
Detox	339	400
D-Stress	335	369
7 DAYS WELLNESS PROGRAM		
Energize	504	591
Detox	504	591
D-Stress	422	500

Prices are in Euros and inclusive of IVA

To avoid disappointment, please book treatments 24 hours in advance.

Please note in summer Rijsttafel is served on Saturday evenings. For lunch you will be offered something from our a la carte menu.